**Woodford County ASAP Board Meeting Minutes**

**EMS Conference Room, Big Sink Road**

**Tuesday, November 15, 2022**

**The meeting was called to order at 8:30 am by Freeman Bailey.**

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| Permanent Voting Members | Non-Permanent Voting Members | Non-Voting Members / Guests |
| * New Vista, DeShawn Freeman * WCHS Family Resource Center & Youth Service Center Director, Jasmine Hazelwood * DCBS, Julie Snawder * Judge Executive, James Kay * Jill Hargis, Supt. Rep.   Absent:   * WCHD Director, Cassie Prather | *  County Attorney,   Alan George   * WC Health Department Educator, Anne Hagan * EMS Director and Mental Health Commissioner, Freeman Bailey, Chair * M & M Director & Versailles City Council, Lisa Johnson * Versailles Police Department, Rob Young * WC Sheriff’s Department, Jimmy Fugate * WC Casa Coordinator, Jeanne Box * Woodford County Health Department Grants Manager, Robin Miller   Absent:   * Serenitee at its Best, Stephanie M. Raglin | * Woodford County Magistrate, Larry Blackford * WCMS Family Resource Center & Youth Service Center Director, Mallory White * Isaiah House, Brian Privitt * Isaiah House, Amber Ramsey * Isaiah House, Cassie Music * Isaiah House, Rob Capley * Roaring Brooks Recovery, Bobby Acker * WCHS Counseling Intern, Devone Christmas * Versailles City Council, Ann Miller * Dewana McLeon * Evonne Cornette * Shannon Gordon * Britany Riggins, * Rolgard Casimir * Ariel Smith, Isaiah House * Nancy Blackford, WC ASAP Coordinator |

**Membership reviewed the minutes. Rob Young made a motion to accept the minutes. Lisa Johnson seconded. The motion passed. Minutes will be filed as presented.**

**Introductions & Presentations**

**Director of Government Public Affairs, Isaiah House**   **Brian Privett**

Mr. Privett discussed SB 90 a criminal diversion program with 11 pilot projects in Kentucky to “establish a behavioral health conditional dismissal pilot program to provide eligible individuals an alternative to receive treatment for a behavioral health disorder instead of incarceration, resulting in dismissal of the criminal charges upon successful completion of the program (unofficial copy attached). In Versailles there are 5 plex unit that holds 20 beds and on-site staff with transportation. Mr. Privett also acknowledged some recent complaints about some Sober Living homes indicated that the homes in question are not owned by Isaiah House. Isaiah House is accredited and NARR certified (National Alliance for Recovery Residence) and Isaiah House case managers are even training others in the state who want to become NARR certified. Mr. Privet emphasized the importance of Sober Living facilities and also mentioned the overdose risk associated with methadone, saying that Isaiah House is not terribly supportive of methadone due to the prescriptions for 30-day supplies. and prefers Suboxone.

**Vice President of Healthcare Operations, Isaiah House** **Cassie Music**

Cassie Music is a nurse practitioner and oversees Isaiah House’s medical staff. She explained the detox process and provided excellent detail about the protocols that Isaiah House has in place to ensure the safety and well-being of all residents, both those going through withdrawal and those who are in the early days of sobriety. They have 3 Nurse Practitioners, 15 RN’s, one LPN, and about 30 additional staff who have some medical training (3.5 level of care). RN’s are on-duty during the week but are on call after-hours and on the weekend.

**NET Trial Participant Rob Kapley**

Mr. Capley is a recovering heroin / meth addict who participated in an early trial underway at Isaiah House to test Neuro Electric Therapy to treat addiction. Mr. Capley, now a lead case manager at Isaiah House’s Versailles facility, shared a brief summary of his experience as a participant in a trial. Essentially, electrodes, connected to a small battery pack the size of a cell phone with a manual battery, are taped to the back of the ear. The devise sends continual electrical impulses to the brain to activate serotonin and other endorphins, essentially repairing the pathways that were disrupted with repeated drug use. Mr. Capley provided an update about the trials currently underway at Isaiah House and encouraged all in attendance to view the documentary, [The Final Fix](https://www.amazon.com/Final-Fix-Ewan-McGregor/dp/B086Z6WHLS/ref=sr_1_1?crid=3LAHHDZHJRNVY&keywords=the+final+fix&qid=1668634128&sprefix=the+final+fix%2Caps%2C138&sr=8-1), currently available on Amazon, which provides an overview of the NET treatment he received as well as the trial currently underway in Kentucky. The documentary is a MUST WATCH for anyone interested in diminishing addiction in the Commonwealth.

**Roaring Brooks Recovery Bobby Acker**

Mr. Acker introduced himself as a recovering addict and shared an overview of the Roaring Brooks Recovery program that is unlike most treatment programs in that people continue to work while in treatment. The benefits of this approach are many, namely that people have the support they need to deal with the triggers that occur in daily life. Program encourages work with one foot in treatment one foot in real world. This program will focus on the roots of trauma and PTSD and utilizes a 12-step program. A very clinical program and conservative with medication. The program requires group counseling 3 days week and once a week individual therapy. Each person will have case management, peer support, on staff nurse practitioner. Roaring Brook also utilizes neurofeedback therapy which helps reduce anxiety and depression. A device that regulates brain waves and reduces symptoms of anxiety/depression and ADHD. 

**Presentation of the Budget Nancy Blackford**

Ms. Blackford reviewed the budget and encouraged people to review the documents attached to the agenda for the meeting. She also reminded all in attendance that new applications for grants are due January 15, 2023.

**Vice-Chair Vacancy Freeman Bailey, Chair**

Robin Miller was nominated to fill the position of Vice-chair. 10 people voted to accept the nomination, and Ms. Miller agreed to serve.

**Announcements Freeman Bailey, Chair**

Jasmine Hazelwood, WCHS Family Resource Center Coordinator, announced an initiative to raise awareness and diminish vaping at WCHS.

A representative of The Ridge announced their Winter Conference and offered to distribute flyers to all interested.

Judge James Kay provided an update on Woodford Aware and informed the group that the next phase of the program would extend outreach to athletes, particularly athletes who have injuries. Judge Kay also provided information about the Sober Living facilities who are not zoned for their current operations.

**Motion to adjourn, Freeman Bailey, Chair**

**Second -Allen George**

**Meeting adjourned at 9:30 a.m.**

Respectfully submitted by Robin Miller, Vice Chair